



Senior League

Rules & Regulations

2025 - 2026

These Rules and Regulations apply to all Clubs and Teams participating in the Cornwall Netball League.

All Clubs and Teams must adhere to the provisions outlined in this document. Any amendments to these Rules and Regulations will be communicated to all Clubs and Teams in writing.

1. GENERAL

1.1 Every club shall hold a copy of the England Netball Rule Book under which rules all matches must be played.

1.2 It is the responsibility of all Team Managers, Coaches and Captains to ensure all players are conversant with all the rules, regulations, and England Netball codes of conduct. When you affiliate you agree to abide by the codes of conduct (see appendix 2)

2. LEAGUE FEES

2.1 League fees of £60 per team, this is to be paid by BACs to; Sort Code: 30-99-50 Account No: 67943468 quoting club and no of teams. This must be paid no later than Thursday 26th June 2025.

3. MEMBERSHIP

3.1 All clubs and people participating in, or umpiring in Cornwall Netball matches must be affiliated to England Netball, affiliation fees can be found online or from the County Treasurer.

3.2 Affiliating/registering additional player(s) during the season; League Secretary and Divisional Representative shall be PROVIDED with THE FOLLOWING INFORMATION AND notified at least 24 hrs in advance of the match. THE CLUB MUST WAIT FOR CLEARANCE OF PLAYER BEFORE PLAYING.

- Name
- Affiliation number
- Team allocation

£25 fine and deduction of points if player(s) played without correct notification OR PLAYED WITHOUT CLEARANCE. If in doubt speak to your Divisional Representative/League Secretary.

In exceptional circumstances permission may be given without 24 hr notice by the league secretary and or divisional rep.

Clubs may NOT register new players for league teams after **31st December** unless permission is given by both the League Secretary and the Divisional Representative. The League committee reserves the right to impose any restriction on which team/s the player may participate in should permission be granted.

3.3 Players are eligible to start playing in the league from the beginning of the season in which they are 15. There should always be a coach present when U18's are playing.

3.4 In order to facilitate development of talented players' not meeting the age criteria, special permission can be given to play. There is clear guidance and a process that must be followed with online forms to complete. It is accessible on Cornwall Netball website.

4. FIXTURES

4.1 Fixtures shall be made at the fixture meeting.

4.2 A list of your club's fixtures must be sent to your Divisional Representative and the League Secretary no later than 7 days following the fixtures meeting.

4.3 Fixtures MUST be played from 1st September until 30th April – if necessary, with authorisation this can be extended due to extenuating circumstances.

4.4 Where a club has more than one team in a division, the matches against each other MUST NOT be played any later than the end of February.

4.5 Fixtures are to be played on the first date arranged. If a club feels it is necessary to rearrange the match an [online request form](#) must be submitted to the league secretary and Divisional Rep giving the reason, why and supporting evidence. The league committee will decide if the request to rearrange can be granted.

Once permission has been granted, clubs will have 7 days to agree on a new mutual fixture date, when the league secretary and divisional rep must then be informed. Failure to comply could result in the match being awarded to the non-offending team or even the match made void. (The league committee will make this decision).

5. POINTS SCORING

5.1 In the Cornwall Netball league table - points are allocated as follows:

- 5 points for a win
- 3 points for a draw
- 2 points for coming within 5 goals of the winning score (i.e. 50-46)
- 1 point for more than half the winning score (i.e. 50-26)

6. MATCHES

6.1 Where matches are conceded - 5 points will be awarded to the non-offending Team. If this affects the end of season placing, conceded matches will be considered. (i.e. Team A 21 points, Team B 21 points, Team A received 5 points for a conceded game - the goals for and against the offending team are not included when team B's goal difference is calculated) position is decided by goal difference.

6.2 If either team fails to show for a fixture without notice, the defaulting team must concede the match.

6.3 If either home or away team has not arrived on court by the time specified, a 15-min delay will be allowed before the defaulting team must concede the match. (N.B. there are some clubs who can hire a court for a limited time only) The fixture secretary should make this clear when arranging matches and, in such cases, there will be no allowances for late arrival. Clubs MUST allow the visiting team at least 15 minutes to warm up on court prior to the match.

6.4 Failure to give 24 hrs notice of conceding a game may result in the offending team having to pay towards court cancellation costs. A written request must be submitted to the League Secretary, along with proof of the loss.

6.5 If a match is abandoned prior to the commencement of the fourth quarter, the match shall be rearranged. If the fourth quarter has commenced, the result at the time of abandonment will stand, with the right of appeal to the league committee.

6.6 The team captain must contact and confirm with the official at least 24 hrs prior to a fixture.

7. REGISTERED PLAYERS

7.1 No player may play for more than one club at a time in the league.

7.2 A player may change her club once during the season between 1st September and 31st December on payment of a CLUB TRANSFER FEE of £10. SEE RULE 7.4

7.3 Player(s) participating in the Cornwall League.

- Must be first claimed to the Club participating within the Cornwall League, clubs may second claim players from outside the county to play; e.g. university players.
- Any clubs that have qualified and are taking part within the Regional League may second claim players from other Cornwall clubs or outside of County as per Regional Rules.

7.4 The league secretary and county treasurer must be notified of any change of club in writing, prior to the player participating in the league for her new club. To enable a player to change club a [transfer form](#) must be completed and sent to your division rep, the form needs to be signed by the following:

- Player
- Secretary of Club that the player is leaving (to confirm that there is no outstanding debt)
- Secretary of the new Club

The player will be eligible to play for her new club 7 days after notification to the above officers.

7.5 No change of club will be accepted after 31st December.

7.6 PREGNANCY

England Netball recommends that individuals (player, coach, umpire) if pregnant should only participate with approval from their doctor and not participate beyond the 12th week of pregnancy. Neither England Netball, nor the club will be held liable for any pregnant individual participating in recognised and authorised activity should the expectant mother suffer a miscarriage, permanent damage to herself and/or unborn child because of participating.

The England Netball Personal Accident cover will not provide any benefit for injury, loss, or expense due to pregnancy, childbirth, miscarriage, or any consequence thereof.

To give two examples:

1. The pregnant player, coach or umpire participates, falls, and breaks an arm. Benefit would be paid for the broken arm.
2. The pregnant player, coach, or umpire, falls and suffers pregnancy complications which result in hospital treatment. No benefit would be paid.

The decision to play netball, officiate during pregnancy is ultimately the participant's choice. The county recommendation following disclosure of the pregnancy is not to participate on court (player) or court side (official) beyond 12th week gestation. A letter from an appropriate medical practitioner (GP) will be required to participate beyond 12 weeks. This must be submitted to the league secretary (player), county officiating lead (official).

In accordance with England Netball guidance: Cornwall Netball strongly recommends that the pregnant participant:

(i) Consults with their own appropriately qualified medical practitioner to inform them, on a voluntary basis, of their pregnancy and to obtain individual and specific professional medical advice before participating in netball (both during and following pregnancy), in particular regarding the risks of such participation;

(ii) Acts in accordance with the medical advice received; and

(iii) Attends regular check-ups with their medical practitioner throughout and following their pregnancy regarding their participation in netball, adjusting participation accordingly.

By participating when pregnant, the participant will be deemed to have consented to any risks (including any risk of injury to the participant and/or the unborn child) that may arise from such participation. Aside from liability for death or personal injury resulting from negligence, the participant will also be deemed to have waived any and all claims, causes and rights of action against World Netball, England Netball, Cornwall

Netball, event organisers, players and match officials, whether at law or in equity, of whatever nature and in any jurisdiction or forum, that she may have as a result of such participation. Members* should note that England Netball's centrally arranged programme of insurance excludes any loss or expense due to pregnancy, childbirth, miscarriage, or any consequence thereof.

Personal liability insurance is recommended for pregnant players, officials participating/playing netball.

You can find pregnancy guidance and Information on the [NETBALLHer website](#).

8. REGISTERED TEAMS

8.1 Each club with more than one team in the league, must name the players in their 1st, 2nd, 3rd, 4th or subsequent teams. Any player not named in a team because of limited availability must be listed on the team sheet as additional with the reason noted e.g university, work, returning from injury/pregnancy. Team and Signature sheets must be forwarded to the League Secretary and Divisional Representative by **31st August** (Failure to comply £15 fine)

8.2 No named player may play down for a lower RANKED OR LOWER DIVISION team in their club.

8.3 No player may play more than 5 ¼'s of league games in any one day.

8.4 A player who is named to play, for a lower RANKED/DIVISION team or is not named in a team is eligible to play a total of 16 ¼'s for a higher team(s) during the 8 month season. This will be pro-rated to 2 quarters per month based on first full month after registering. Once 16 quarters have been reached, the player will either be promoted into the team where the highest number of the 16 quarters have been played or a higher team by club request and the player is no longer eligible to play in any other team for the remainder of the season (no quarters carried forward). If you have any doubts, then please speak to your League Secretary or Divisional Representative.

For players joining after the start of the season the 16 quarters will be pro-rata'd at 2 per month based on the month registered.

Please note: for example if a player registers in December they qualify for January's Pro-Rata allowance

Month	Pro-Rata allowance
September	16
October	14
November	12
December	10
January	8
February	6
March	4
April	2

Playing an unregistered/unaffiliated player, which includes playing a player in the incorrect team will result in a £25 fine, loss of all match points and a 3 points deduction.

8.5 Teams may be renamed only after the League Secretary and the Divisional Representative have been informed in writing, and no later than the 31st December.

8.6 A player who is registered in a higher RANKED/DIVISION team and has played as a higher team member cannot be demoted to a lower team in her club without the prior consent of the League Committee, request to be made in writing/email to the League Secretary.

8.7 If a named player is no longer playing due to pregnancy or long-term injury, OR If any named player does not play for three consecutive matches, the league secretary and divisional rep must be notified in writing of the reason why. IF THIS LEAVES THE TEAM WITH 6 OR LESS PLAYERS, THE TEAM MUST BE RENAMED TO FULFILL A MINIMUM SQUAD OF 7 PLAYERS. A player returning from long-term injury can be temporarily renamed to a team no lower than ONE division below the team they were originally named into and for a maximum of 8 quarters to allow for rehabilitation. After 8 quarters have been reached, the player shall return to their original team. If a club does not have a team one division below, then the player will automatically return to their original team.

8.8 Any club withdrawing a team during the season from the league due to insufficient players must withdraw their lowest team.

To manipulate any of rule 8 to the benefit of any team or club is against the spirit of the game and will result in disqualification or points will be deducted at the discretion of the league committee.

9. DUTY OF CARE

9.1 All clubs must adopt the England Netball Safeguarding and Protecting Children in Netball policy and have a minimum of two Safeguarding Officers who hold an up to date

certificate, a copy of which must be lodged with the County safeguarding officer prior to the fixture meeting.

Failure to register your Safeguarding Officers prior to the fixtures meeting may result in non-entry to the league. All club safeguarding officers, must be affiliated to England Netball.

9.2 Photographic/Video. Any person, coach/player/parent/spectator, wishing to take photographic and/or video images must have permission from both teams and both umpires before the start of the match. <https://www.englandnetball.co.uk/document/policy-on-taking-and-use-of-photographic-and-recorded-images-of-young-people/>

10. UMPIRES

10.1 All team entries into the Cornwall League must have a named 'active' qualified affiliated official per team entry.

A trainee official may be named for a team entry under the club's umpire development program to gain qualified officials providing all the following requirements are met:

- Holds the INTO officiating award.
- Has completed the online C' course
- Deemed 'actively 'working towards C' award qualification by the county Mentoring Lead/COL

Only one active U18 trainee official who meets the criteria per club can be named for team entry.

10.2 The named qualified official for team entry must have officiated 12 x 60 minute fixtures within the previous season to classify as ACTIVE.

Extenuating circumstances will be considered at the discretion of the COL if 12 x 60 minute fixtures are not accomplished by an official.

A named trainee compliant with 10.1 for team entry has 2 yrs from the completion date of the C' course to gain qualification. A trainee who fails to achieve C' award qualification within 2 consecutive seasons may continue on the qualification pathway but cannot be re-named by a club for 'team entry' as part of the club's umpire development program.

Failure to comply with rules 10.1/10.2 will result in no entry into the county league for team/s for the subsequent season. The non-complaint team/s will be determined as non-ranking, therefore the divisional relegation rules will be adjusted accordingly (i.e. the number of teams demoted from the division above will be adjusted)

10.3 An official must have primary affiliation (first claim) to a club participating in the Cornwall County League and can be registered/named to one club only.

All officials must hold the C' award qualification to officiate divisions 1,2,3,4,5 within Cornwall County league with the exception of:

Trainee Officials awaiting the final C' award practical assessment will be permitted to officiate Division 4 and 5 league fixtures. Permission must be granted by the County Officiating Lead and the Mentoring Lead must be present at the fixture. Where possible trainees should avoid umpiring their own Club. Fixtures will be arranged for a trainee official by the County Officiating Lead with notification to the league secretary, division representative(s) and opposing team prior to the match date. The score sheet must be signed by the trainee and countersigned by the mentor.

10.4 Clubs are responsible for ensuring that they have booked an appropriate umpire for the level of the match. Umpires should be notified of the division at the time of booking. Divisional banding is stipulated by the COL and Mentoring Lead and is published on the Cornwall Website: Umpire Contact List

<https://cornwall.Englandnetball.org/information/umpiring-officiating>

10.5 No game shall be re-arranged due to a club being unable to obtain an umpire. The offending team shall concede the match. (£15 fine and 3-point deduction)

10.6 Should an umpire fail to arrive due to extenuating circumstances, the team shall not be penalised, the defaulting umpire should notify the League Secretary, Officiating Lead and the Divisional Representative in writing within 48 hrs, stating the facts.

10.7 At the discretion of the County Officiating Lead, Neutral umpires can be appointed. The cost will be borne by the club making the request.

10.8 Umpire Expenses: Payment MUST be made to the official on match night. Officials select preferred payment method. Clubs may not insist on default payment methods. To simplify expenses the following payments are banded for qualified officials.

Whichever is the greater cost to be paid.

Return mileage; from home to the venue @ 0.15ppm

England Netball 'A' Award umpire - £25.00

England Netball 'B' Award umpire - £20.00

England Netball 'C' Award umpire - £15.00

No expenses payment is made to trainee officials holding the 'Into Officiating' award. Clubs who inadvertently book more than 1 official for a match must offer to pay expenses to both officials.

Penalty for failure to comply with Umpire Expenses (fine £15.00)

10.9 The "Into Officiating Course" is the 1st step on the officiating pathway. The 'Into officiating' award is a mandatory requirement to gain full qualification.

10.10 Official Assessments are carried out on Division 3 matches. Practical Assessments for C' award qualification will be arranged by the County Officiating Lead.

10.11 Practical C' assessment taken within 2 years of attending the C' will be subsidised by the County. After 2 years candidate will pay the full assessment rate. If the final practical assessment is NYM the candidate must pay full assessment fee for a re-take.

10.12 The County Officiating Lead has the right to use any 3rd Division league game to undertake C Award officiating assessments.

10.13 Umpiring 2 consecutive matches:

England Guidelines/Local Guidelines: Umpires may not officiate two 60-minute matches consecutively. In exceptional circumstances permission may be given by contacting the County Officiating Lead prior to the fixture

10.14 OFFICIALS KIT:

- White top
- White dress
- White/Black skirt/skort
- White /Black woven shorts

Please note: NO base-layer, Lycra, stretch fabric shorts to be worn for officiating.

Link to EN official kit: <https://www.kitking.co.uk/collections/england-netball-umpires-and-officials/products/england-netball-womens-woven-shorts-umpires-and-officials>

11. OFFICIALS BENCH - SCORERS/TIMEKEEPER - SCORE SHEETS

Scorers and timekeepers are to be seated together as part of the officials' bench, separate from the team bench and spectators. They are neutral parties and must not be involved in team discussions or queries. It is essential that all scorers and timekeepers are competent and confident in their roles to ensure the smooth and fair running of the game.

11.1 Each team must provide an official scorer, who are jointly responsible for keeping an accurate record of the score.

- Shall sit together throughout the match
- Score on the official result sheet
- Call the centre pass if appealed to by an umpire
- Notify the umpires if a wrong centre pass is indicated
- Record any official warning, suspension and/or ordering off

Where multiple scorers/players are used the score must be confirmed prior to the scorer leaving the official's table.

Each scorer used must sign and print their name on the official score sheet.

11.2 The home team must provide:

- A visible scoreboard clearly showing both teams score throughout the duration of the match. The scoreboard is used as a visual guide and should not be treated as the official score. The official result is taken from the match score sheets. However, the scoreboard must be confirmed periodically with the official score sheets.
- An appropriate working audible device (Klaxon/foghorn) is used to sound the end of each quarter.
- An appropriate countdown timer with clear audible alarm to sound at the end of each quarter.

11.3 Each team, where possible, is to provide an official timekeeper, who are jointly responsible for ensuring that each playing period and each interval is of the correct length of time.

- Notify the umpires when there are 30 and 10 seconds remaining before the start of a quarter/half.
- Hold time when signalled to do so by the umpire and restart timing.
- Notify the umpires when 10 seconds remain prior to the end of a stoppage for injury/illness or blood
- Confirm centre pass with umpires if asked at quarter/half time.

11.4 The captains must not sign result sheets if there has been a dispute during the match, the reason for non-signing should be indicated on the score sheet, followed by a written report to the league committee (via the league secretary)

11.5 All players from each team must sign their result sheet before the match in front of the umpires. Any late arrivals should sign the sheet at the scorer's bench before entering the court. The printed name on the official score sheet should be the registered affiliated name, not an abbreviation or nickname.

11.6 Specimen signatures must be sent to your divisional representative before your 1st match. New member signatures must be forwarded to your divisional representative throughout the season.

11.7 If trainee umpires are used the score sheet must be signed by the trainee and countersigned by the mentor.

12. RESULT SHEETS

12.1 One sheet must be fully completed by each team and emailed within 24hrs of match to Divisional Representative and League Secretary. Penalty for failure to comply - £10 fine

Results sheets must be completed correctly. Penalty for failure to comply - £10 fine per result sheet

12.2 Captains signature to be noted on the results sheet.

12.3 Any Game Management discipline steps taken by match officials during a fixture must be recorded on the results sheet against the player. (In the quarters box)

12.4 Both umpires are to sign both team sheets and enter their qualification.

13. DRESS CODE

13.1 Where bib colours are the same or clash - the HOME team must change to a different coloured bib.

13.2 Leggings may be worn, but must be full length, fitted and part of your clubs registered kit. In the interest of modesty, please ensure that suitable sports undergarments are worn. (e.g. shorts).

14. Disciplinary/Grievance Procedure

14.1 If a registered player or club/team are found to be in breach of the Cornwall Netball Rules and Regulations Code of Conduct or Cornwall Netball Rules and Regulations. The League Committee will be governed by **Appendix 1**.

14.2 Any dispute or complaint must be referred to the league secretary in writing/email within 72 hours of the incident, if there is a dispute involving the umpire(s) then a copy to be sent to the county officiating lead.

14.3 In the event of an urgent decision being required the League Secretary and two committee members shall be called upon.

14.4 If a registered player, team, club or club associate, official or volunteer is in breach of the current EN Codes of Conduct, the procedure explained in Appendix 2 will apply.

14.5 Player Suspension

England Netball's Codes of Conduct set out the standards and convictions expected of those in the sport of netball, and these promote respect, good sportsmanship, high standards of behavior and ethics.

There may be a consequence for a player receiving multiple suspensions. In accordance with England Netball: Where a player receives 2 suspensions within a season, they shall be automatically banned from participating for the entirety of the next scheduled fixture. Where this suspension occurs on the final match of the season, the ban will be in place for the next scheduled fixture for the next season. Cornwall Netball Committee will deliberate representing facts objectively to decide appropriate action/s. This may be no action, match ban, fine.

All associated paperwork to be completed by the Umpires and returned to Officiating lead/ League Secretary.

15. CORNWALL NETBALL ANNUAL GENERAL MEETING/COMMUNICATION

15.1 One representative from each club must attend the Cornwall Netball Annual General Meeting.

15.2 All Clubs must hold their own Annual General Meeting prior to the County Annual General Meeting.

15.3 All correspondence from the League Secretary/Cornwall Netball Board members requiring a reply must be returned by the agreed date.

16. THE LEAGUE COMMITTEE

16.1 The league committee shall have the power to deal with any matters concerning current league rules, and their decision will be deemed final.

16.2 Clubs and officials have the right of appeal to the Cornwall Netball Management Board.

16.3 The league rules are subject to amendment by the League Committee/Cornwall Netball Management Board, each club will be notified if and when of any changes they make prior to the rule taking effect.

17. GENDER ELIGIBILITY AND PARTICIPATION POLICY

Cornwall Netball and all Cornwall Netball Leagues operate in line with the [England Netball Gender Eligibility and Participation Policy and Documents](#).

Appendix 1

Offence	Fine	Points Deduction
Conceded Game (failure to attend without notice, unable to honour fixture due to lack of umpire)	£15	3 points deduction
Failure to give 24 hours' notice of conceding a fixture	£20	3 points deduction and possible court costs
Playing an unaffiliated or unregistered player	£25	Loss of all match points and 3 points deduction
Failure to notify League Secretary and Divisional Representative of additional registered players with at least 24 hours' notice. These players cannot take to court.	£15	3 points deduction
Failure to arrive to officiate a fixture	£25	Court costs/Co-official expenses
Umpiring 2 consecutive matches	£15	Possible deduction of points

Failure to complete result sheet correctly	£10	N/A
Failure to attend Cornwall Netball meetings	£25	N/A
Breach of Code of Conduct (Appendix 2)	Possible fine; To be determined by Complaints & Disciplinary Process (Appendix 2)	Possible points deduction; To be determined by Complaints & Disciplinary Process (Appendix 2)
Failure to comply with rule 10.8 - failure to comply with Umpire Expenses	£15	N/A

Appendix 2 Complaints and Disciplinary Matters

England Netball Codes of Conduct 2023

The England Netball Codes of Conduct have been revised and set out the standards and expectations that are applicable to every member and connected participant involved in recognised and authorised netball activity under the auspices of England Netball. It is important that all individuals involved with netball, whether as a player, coach, official, volunteer, committee member or parent/carer adhere to the highest moral, ethical and sporting standard to ensure a safe, fair and inclusive sporting environment.

We ask that all clubs therefore adopt the EN Codes of Conduct and follow these with immediate effect.

Please note: When you upload your Club Safeguarding Officer information you WILL be asked to provide a copy of the newly adopted EN Code of Conduct.

Complaints relating to league matches, please contact your league secretary in writing within 72 hours of the match being played. (e.g. playing an illegal player.)

Complaints regarding umpiring specifically should be referred to the **County Officiating Lead** (e.g. an umpire not turning up).

In the main, the officiating umpire deals with On-Court behaviour during the game or under the rules and regulations of that competition.

England Netball Codes of Conduct Updated 2023

Any participants in netball in Cornwall, whether individual or club, are expected to abide by EN Codes of Conduct **2023**. When you register or affiliate you agree to abide by the codes of conduct. The codes are all available on England Netball website. Governance (top line), Enjoy/Ensure/Entrust – Codes of Conduct.

[England Netball Governance](#)

These codes set out the standards and expectations for those involved in the sport of netball. They promote respect, good sportsmanship, high standards of behaviour and ethics.

The codes have common standards that apply to all, followed by role specific ones e.g. official, coach, committee members, parents/carers, spectators. Clubs should ensure that the codes are well known and promoted so that there is a culture of respect and a discrimination free environment for all to enjoy the sport.

Complaints that should be referred to the Disciplinary Secretary (in writing) may be such things as: -

- Non-compliance with EN codes of conduct
- Any breach of EN's Equality Policy and guidelines, or the Anti-Bribery policies.

In these situations, a formal process is followed in accordance with EN Disciplinary Regulations and processes. For full details of these procedures and how to access them go to England Netball / Governance. (on top line)

Then follow menus - Enjoy Ensure Entrust – Enjoy - Disciplinary Regulations - Codes of Conduct and Disciplinary Regulations.

If you need advice on a more serious concern, please contact Cornwall Resolution Lead – [Melanie Grose - melanie.grose@coodes.co.uk](mailto:melanie.grose@coodes.co.uk)

Complaints can often be sorted out on an informal basis with mediation.

Constitution

Below is the link to the recommended EN Constitution template.

Constitution Template

We ask that all Clubs adopt the EN Constitution template and follow this with immediate effect.

Please note: When you upload your Club Safeguarding Officer information you WILL be asked to provide a copy of the newly adopted EN Constitution.